

RAYMOND A. PALKO, MS, RD

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EMPLOYMENT

Clinical Dietitian, Stanford Health Care, Palo Alto, CA, 3/14 to present

- Providing evidence-based nutrition care in the inpatient and outpatient settings. Responsible for developing nutrition care plans and facilitating implementation as a member of the interdisciplinary team. As a relief dietitian tasked with serving diverse patient populations with a variety of diagnosis.
- Primary area of focus in hematology/oncology. Assumed this role for an extended period when the unit's dietitian was acting as department director.
- Inpatient units covered include hematology/oncology, bone marrow transplant, solid organ transplant, general medicine, medical, surgical, and cardiovascular intensive care units, gastrointestinal surgery, cystic fibrosis, and cardiology.
- Outpatient clinics covered include cancer center, digestive health, cystic fibrosis, and solid organ transplant.
- Member of RD Wellness Team collaborating with Employee Wellness and Food Services departments to create and promote nutrition focused wellness initiatives targeted towards hospital and clinic staff, patients and family members, and medical students.

Clinical Dietitian, Per Diem, UCSF Medical Center, San Francisco, CA, 8/13 to 10/14

- Caring for patients across all stages of the life cycle with complex medical diagnosis by providing coverage for inpatient dietitians on adult and pediatric units.
- Duties include collaboration within the medical team, performing the nutrition care process, navigating the electronic medical record for assessment and documentation, developing enteral and parenteral nutrition support plans, therapeutic diet education, and arranging delivery of meals, snacks, and medical food supplements through food service software.
- Educating and mentoring dietetic interns. Assigning daily workflow and overseeing duties of nutrition assistants.

Dietetic Intern, UCSF Medical Center, San Francisco, CA, 7/12 to 7/13

Completed comprehensive 52-week program with a Nutrition Therapy emphasis in this tertiary care, 660-bed academic medical center. Honors and awards:

- Bay Area Dietetic Association McMasters Award for outstanding dietetic intern
- Rotations included:
- Adult Inpatient Clinical Nutrition Core: 15 weeks
 - Advanced Clinical Nutrition: 8 weeks, including adult critical care and pediatric hematology/oncology
 - Nutrition Counseling and Education: 7 weeks, including nutrition counseling clinic, lung transplant clinic, diabetes teaching center, hemodialysis, and Project Open Hand community agency
 - Management: 8 weeks, projects including tube feeding systems assessment and sustainable theme meal planning
 - Staff Experience: 4 weeks (cardiovascular, medicine, neurology, and critical care)
- Computer system utilized:
- Epic (Electronic Medical Record), Computrition (Meal and Nourishment Delivery), and Food Processor (Nutrient Analysis)

School Tools Coordinator, Southeast Texas Food Bank, Beaumont, TX, 8/10 to 7/12

- Oversaw daily operations of School Tools, a resource center distributing free classroom supplies to teachers at 32 local, low-income elementary and pre-kindergarten schools.
- Managed purchasing, donation acquisition, and inventory management of supplies.
- Recruited and supervised volunteers and inmate work crews assisting with all aspects of operations.

Nutrition Education Specialist, Southeast Texas Food Bank, Beaumont, TX, 7/09 to 8/10

- Educated Supplemental Nutrition Assistance Program eligible individuals on the benefits of proper nutrition.
- Marketed and conducted nutrition education classes in partnership with interested entities.
- Conducted hands-on cooking classes to impart the information contained in the curriculum.
- Researched USDA-approved nutrition education materials and developed classes based on those materials.
- Coordinated community rotation and supervised dietetic interns for Lamar University internship.

Rural Aquaculture Extension Agent, Peace Corps, Zambia, Africa, 6/06 to 8/08

- Trained and supervised rural farmers in sustainable fish farming methods.
- Advised farmers on aquaculture management, integrated agriculture, and small business strategies.
- Conducted nutrition education trainings with various stakeholder groups. Topics included child nutrition, food groups, and the importance of diet to people living with HIV/AIDS.

EDUCATION

- MS in Dietetics, Lamar University, Beaumont, TX, GPA 4.0/4.0, 5/2012. Thesis "The impact of food insecurity on nutritional status and disease progression in people living with HIV/AIDS in Southeast Texas" presented at the Texas Academy of Nutrition and Dietetics 2012 state conference poster presentation.
- BS in Accounting, Rowan University, Glassboro, NJ 5/2002